

July 2016 Norwegian Expedition



Oslo
Finse
Flam
Bergen
Stavanger
Oslo

Sunday, July 3, LAX to Oslo

LAX to Oslo-Gardermoen

Norwegian Air DY7085 at 22:30 (10:30PM)

Arrive Oslo-Gardermoen at 17:45 (5:45PM) on July 4

Monday, July 4, Oslo to Finse

After picking up your luggage, head to the baggage storage to store your bags for the week. The baggage storage office is staffed and you will find it in the arrivals hall, follow signs to baggage storage. Should be less than \$9 per day per bag. To figure Norwegian Kroner to USD, divide by 10 and add a little... the rate is about .12 USD to 1 NOK.

You have several hours to spend at the airport to get your luggage, go to the lockers, eat, etc. If you take a nap, I suggest setting multiple alarms. Get on the WiFi and open Google Maps. Zoom in and out on Southern Norway to load the map in your phones. Maybe take a few screen shots of the walking route from Finse to Flam also. Don't close the app until you leave Norway. Also stop at an ATM and get some Norwegian Kroner.

Next, go out of the airport to the train station in front of the airport called Oslo Lufthavn. You have a train ticket (print-out with your papers) to central Oslo then to Finse. You paid \$53 each.

Train 1: L12 Kongsberg at 22:43 (10:43PM), arriving at 23:06

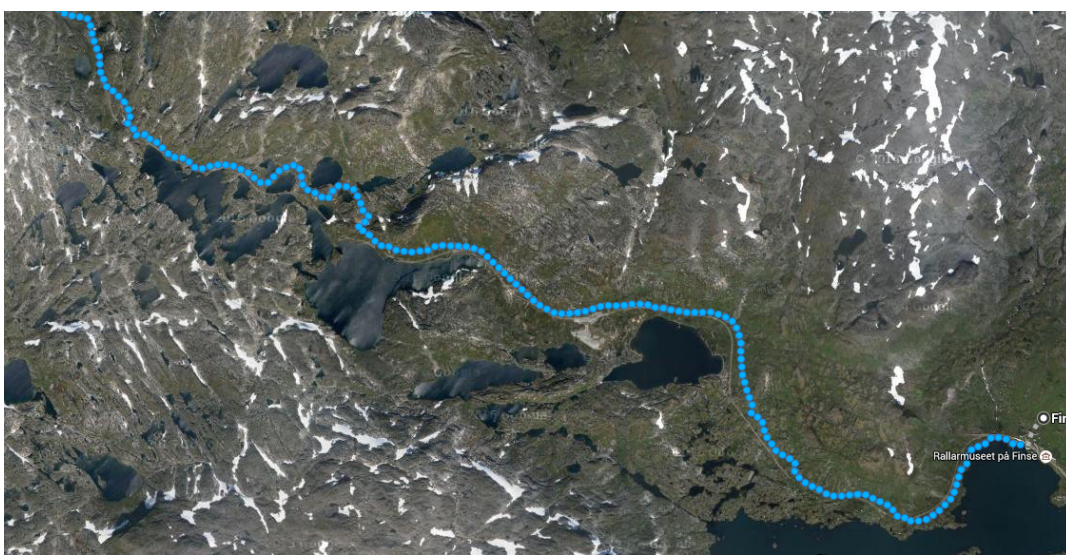
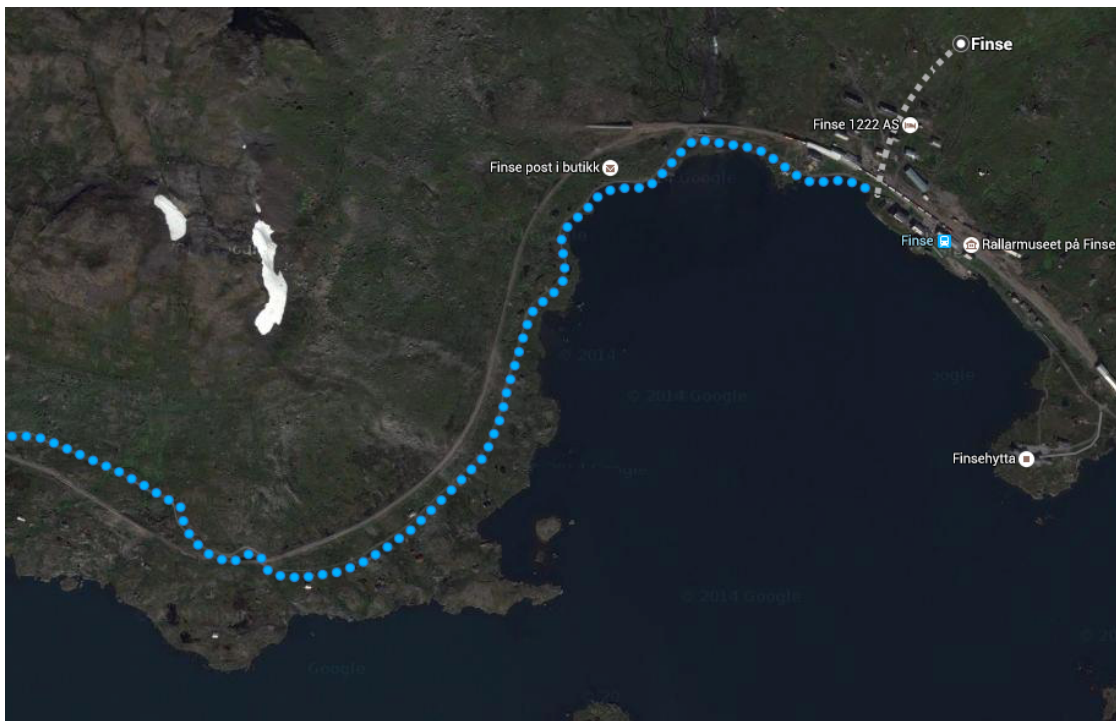
Train 2: Region Bergen at 23:25, arriving Finse at 4:04AM on the 5th. (Make sure you get off at Finse... don't go all the way to Bergen)

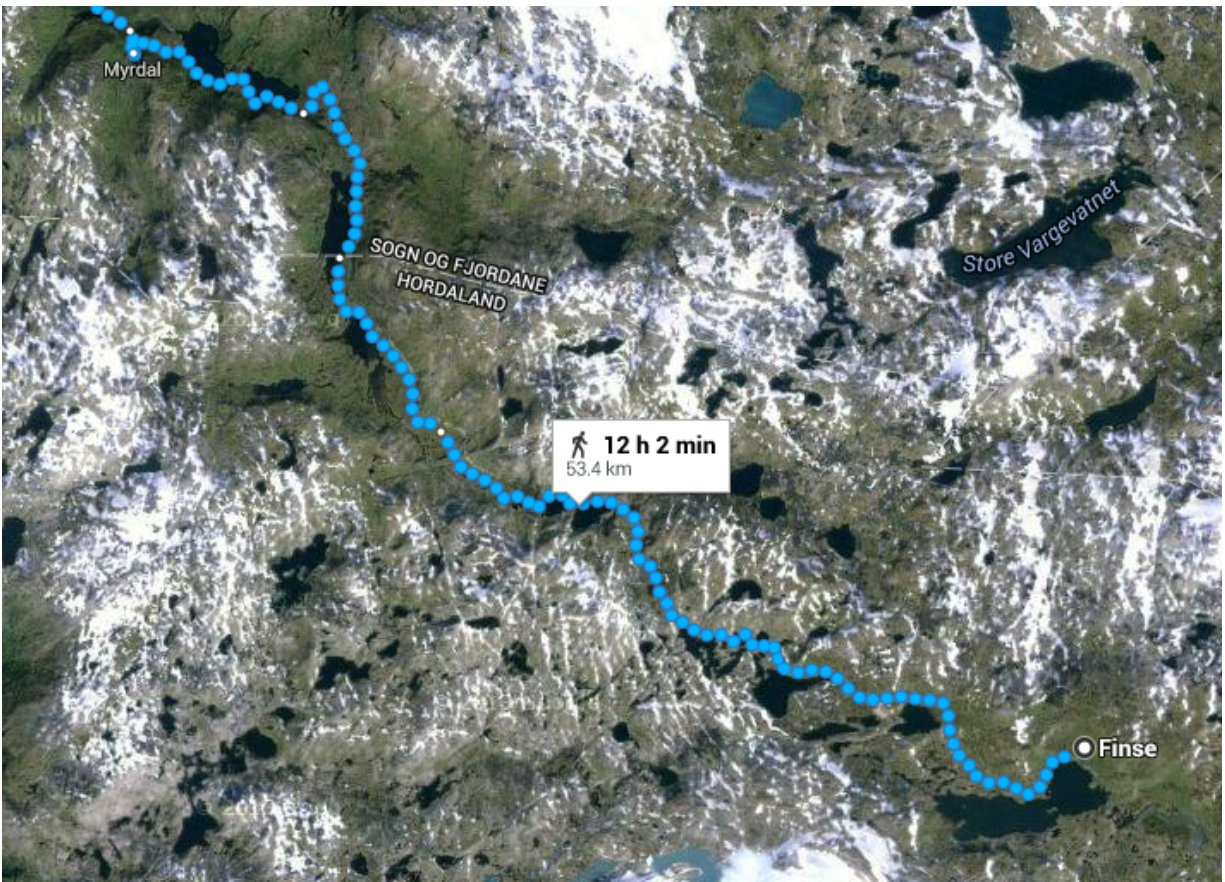
Now you are in Finse! AKA Planet Hoth! The sun will just have come up. They have food here, but maybe not at 5AM.

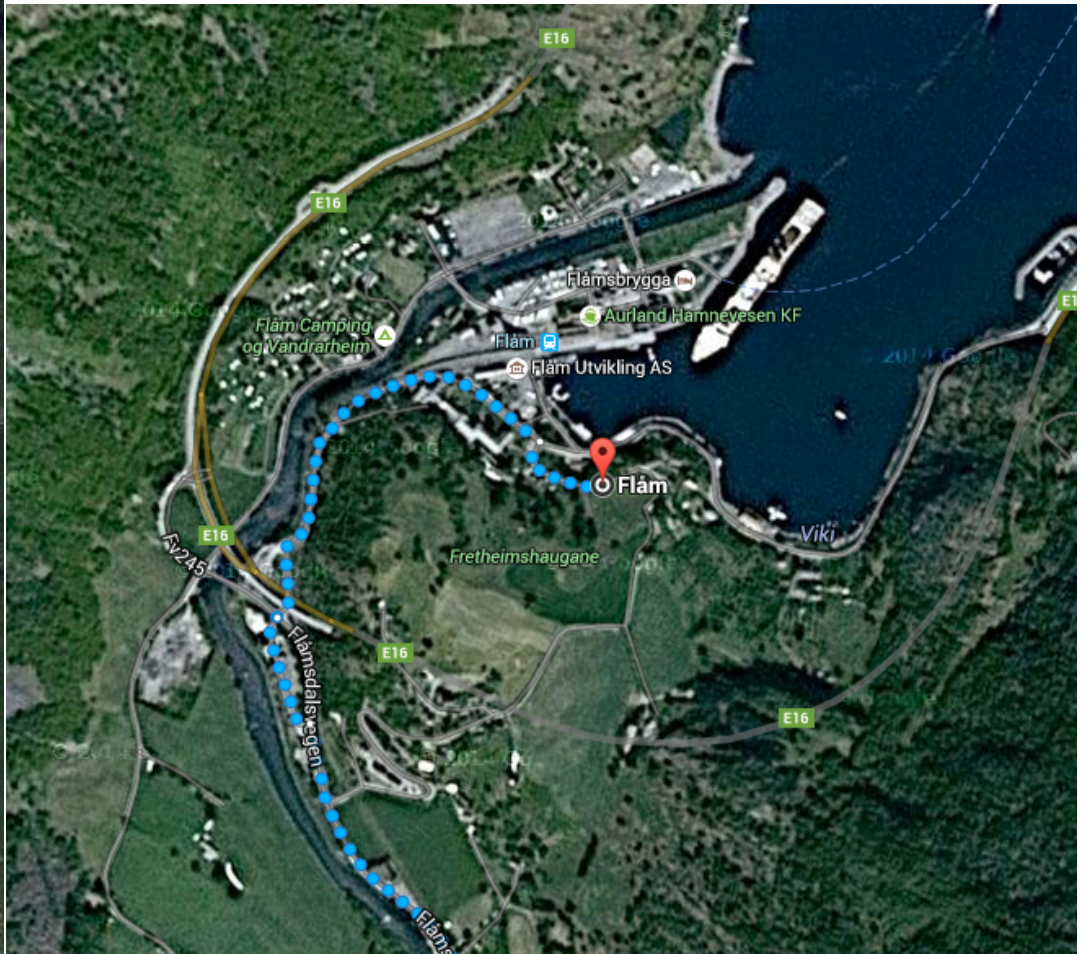
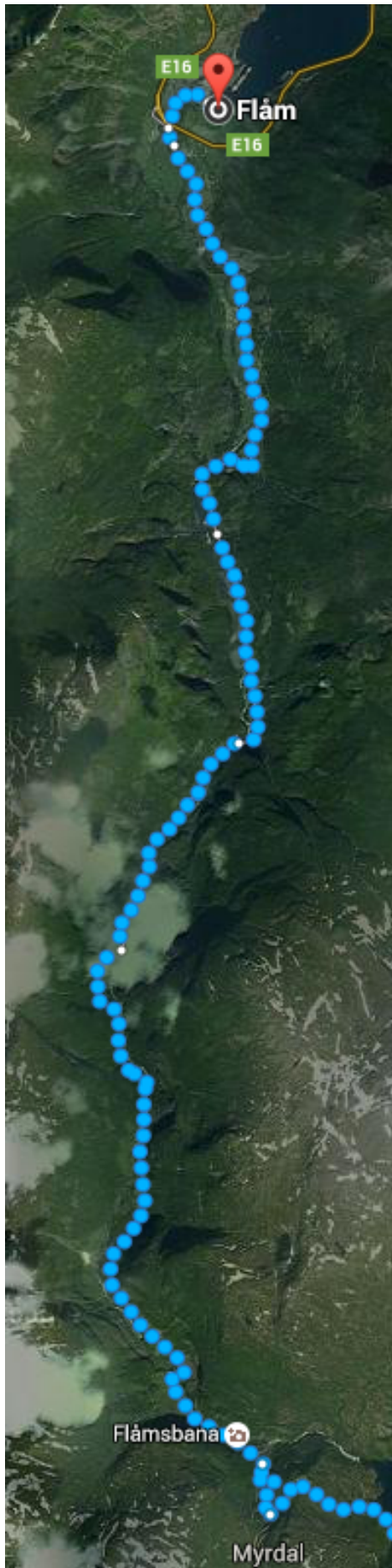
I would love to get a text from Finse. :) From here to Flam, you set the schedule, I'm just going to give you bits of information. You have almost two full days to reach Flam. It's about 12 hours of hiking (32 miles). You can set up your tent almost anywhere, except next to houses. There are not usually any dangerous animals along the way. Finse has a glacier next to it... I don't think you have time to go to it, but maybe it is visible from town.



There is a town about halfway through your hike called Myrdal that has food. I read you can definitely drink water straight from any stream. Myrdal has a train station to Flam in case you have any injuries, etc. It seems there is a walking trail and a bike road that parallel each other. I believe you can take either one. Some of the towns and sights are a few minutes off of the trail. Here are a few maps (for my sake!). The resolution is pretty bad, but it will give you an idea.







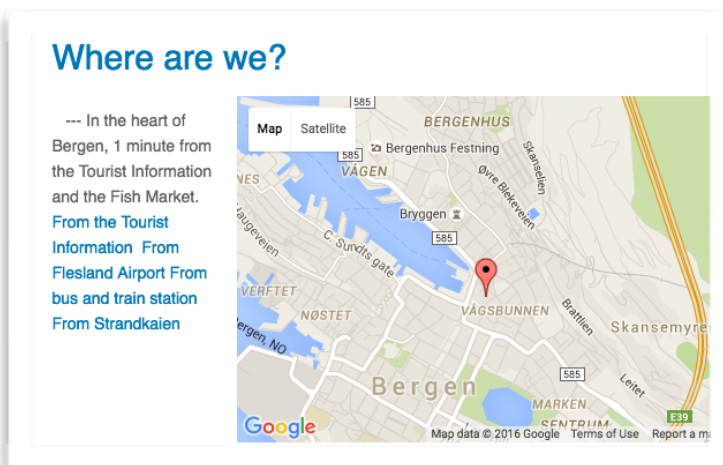
Tuesday, July 5, Finse to Flam

You arrive in Finse at 4:04AM and the sun will just be coming up. Start heading toward Flam at some point. It would be great if you could make it to Myrdal (or farther) today, which is about half way. Don't forget that you will have jet lag. Set alarms so you don't sleep 15 hours without realizing it!

Wednesday, July 6, Trail to Flam to Bergen

You need to arrive in Flam by 3:00PM. Your ferry to Bergen leaves at 15:30. If you have WiFi, please let us know you made it. :) (Ferry from Flam kai - Bergen Strandkai terminal 7/6/2016 at 15:30, paid \$78 each)

You will arrive in Bergen at 20:45 (8:45PM). You can set up your tent on the edge of town, I think. Or go to the YMCA hostel for about about \$20 each. It is located here:



Thursday, July 7, Bergen

Explore Bergen. Maybe take a day hike. There are supposed to be some great ones. Seems like you take a cable car to the top of a mountain to start most hikes. Rest? Eat! Go to the Leprosy Museum. ;) Norwegians are supposed to be very friendly, but if you need it, the tourism office is located at Strandkaiaen 3, 5013 Bergen, Norway. Food should be cheaper in markets. If you don't hike, don't worry about it, you have some great ones coming up outside of Stavanger. This might be a good day to get a little rest. Find out where you can get a taxi in the morning.



"One of the best hiking trails in Bergen!"

★★★★★ Reviewed December 3, 2012

Beautiful Bergen is my hometown and the hiking trail from Mt. Ulriken to Mt. Fløyen is a must to visit if you stay in Bergen. On the mountain plateau "Vidden" between Mount Ulriken and Mount Fløyen you get to experience real Norwegian mountains. The hike begins at top of Mount Ulriken and goes across "Vidden" to Fløyen and from there to the city centre. The hike is about 13 kilometers long. Bring food and something to drink, and remember to dress according to the weather!

- and remember your camera!

Regards
Svein-Magne Tunli
tunliweb.no



Friday, July 8

Head to the airport early... you need to be there by 6AM. A taxi will cost about the same as the bus. It's a 30 minute ride... both are a little expensive. You are flying to Stavanger for several great days of hiking. The ferry to Stavanger is supposed to be wonderful, but costs a lot and takes six hours. So instead, you are flying there for about \$63.

Bergen Airport, Norwegian DY122, July 8, 2016 at 7:00AM, arriving Stavanger at 7:40AM.

You have a reservation from Stavanger to on a ferry. You have four hours to get from the airport into Stavanger to the pier area. From the airport, there is a 40 minute bus that leaves every 20 minutes from Stavanger lufthavn hpl. 4 to Stavanger hpl. 12 for \$5 each. You can walk the rest of the way.

When you get into central Stavanger, you should have some time. At 13:00 (1pm), you need to be on the ferry. You already paid and your travel document is in your packet. You need to go to Stavanger Fiskepirterminalen 6:



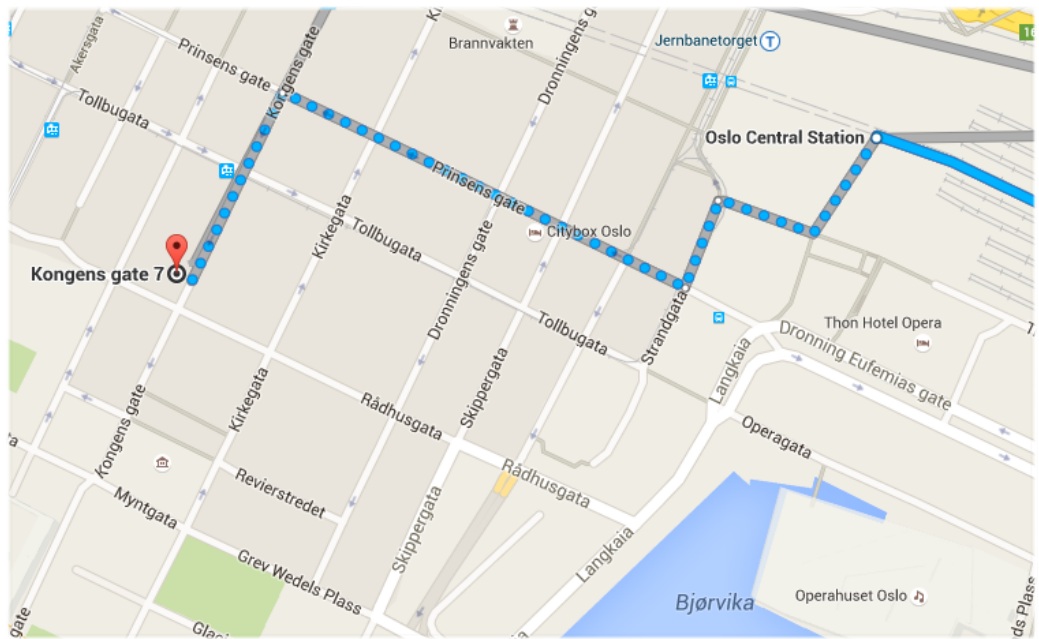
Ferry info: Fiskepirterminalen 6 to Florli f. Kai on 7/8/16 at 13:00, booking ID Kolumbus 3276146625

You will get to Florli f. Kai at 14:45 (2:45PM). There is a cafe in Florli. Next, you will be greeted by the world's longest wooden staircase with 4,444 stairs. Go on up! You are going to hike from Florli to Kjerag to Lysebotn, which is a little over 15 miles of fairly strenuous, well-marked paths. You have maps and there are lots of signs along the way. Near Kjerag, there will be lots of other hikers, before that, I'm not so sure. Most of the time, you want the path nearest the fjord. You need to be to Lysebotn by Sunday afternoon because you are taking a ferry back to Stavanger on Monday morning early.



Lysefjorden rundt





Saturday

in your
Lutheran Church
but it's in Norwegian
and I can't find the service times.

Monday, July 11

You have a local ferry back to Stavanger this morning at 7:20AM. Kolumbus 560, Lysebotn - Fiskepirterminallen 6, 7/11/16, ID 2269513673. You have the day to explore Stavanger. They don't have a leprosy museum, but they do have a petroleum museum. So that's an option. They have a beautiful cathedral from the 1600s.

Tuesday, July 12

Today you leave Stavanger early on a flight to Oslo.

Norwegian Air DY521 6:30AM, arriving Oslo 7:20AM

Go to the Oslo Lufthavn Station in front of the airport. You can take the R10 DRAMMEN train to Oslo Central Station. You need to buy a ticket. It's about \$15 and a 40 minute ride. When you get off at Central Station, you have a 10 minute walk to your hotel. Maybe go straight there and see if they can hold your bags until check-in. If not, I guess you have to carry them or find a locker at the train station.

Saga Posh Hotel

Kongens Gate 7, Oslo 0153

Check-in 4pm, check-out 11am

You pre-paid \$86 for the room. (\$43 each) You get a free breakfast and free wi-fi. Eat up, it's free! Seems like a pretty nice place that is part hostel, part hotel.



Wednesday, July 13

Off to Prague!!!!

Norwegian DY 1502, 7/13/16, 16:45 (4:45PM), ID 2158EW, Arriving Prague at 18:45. You pre-paid for 2 checked bags.

Friday, August 19

Prague to CPH, Czech Airlines, OK504, 7:10AM, arrive Copenhagen at 8:30AM

CPH to LAX, Norwegian Air, DY7091, 2JH5MO, departs 12:40PM, arriving LAX at 15:00 (3PM)

You have a 4 hour layover in the Copenhagen airport, which is not quite enough time to get into Copenhagen. If you want to walk around, pick up your luggage and walk over to the Hilton. It has a nice lounge and a view from the roof. A ten minute walk north of the Hilton, there is McDonalds and a market.

Before you go:

Enter passport info on airline websites

Check-in

Call number on debit/credit card to ask for travel alert

Date	Item	USD	Each	Paid	church?
7/3	Flight to Oslo, 2 bags	850	425	yes	yes
7/4	Lockers in Oslo Airport	100?	50ish	no	yes
7/4	Train to Finse	53	26.50	yes	

	Ferry to Bergen	78	39	yes	
7/8	Flight to Stavanger	124	62	yes	
	Ferry to Florli	32	16	yes	
	Ferry to Lysebotn	38	19	yes	
7/12	Flight to Oslo	125	62.50	yes	
7/12	Oslo Hotel	86	43	yes	
7/13	Flight to Prague, 2 bags	219	109.50	yes	yes
8/19	Flight to CPH	150	75	yes	yes
8/19	Flight to LAX	700	350	yes	yes
			1277.50		1084.50

Eli owes me \$111 for travel insurance.